

**May/June 2023**

**Physical Education**

- **Grade 3 .**

**Mini-Unit**

**Battleship- All grade 3 students will participate in this activity that promotes throwing, rolling skills, cooperation, teamwork and aerobic endurance.**

**Grade 3 students will be heading outside to learn about Track and Field events. The Track events will include Baton Relays. Skills that will be taught include: how to run safely with the baton and how to pass the baton.**

**At the completion of the track unit we will be participating in a version of Capture the Flag. Students should be prepared to go outdoors for this final unit.**

- **Grade 4**

**Mini-Unit**

**Battleship- All grade 4 students will participate in this activity that promotes throwing, rolling skills, cooperation, teamwork and aerobic endurance.**

**Grade 3 students will be heading outside to learn about Track and Field events. The Track events will include Baton Relays. Skills that will be taught include, how to run safely with the baton and how to pass the baton.**

**At the completion of the track unit we will be participating in a version of Capture the Flag. Students should be prepared to go outdoors for this final unit.**

- **Grade 5**

**Mini-Unit**

**Battleship- All grade 5 students will participate in this activity that promotes throwing, rolling skills, cooperation, teamwork and aerobic endurance.**

**Grade 3 students will be heading outside to learn about Track and Field events. The Track events will include Baton Relays. Skills that will be taught include, how to run safely with the baton and how to pass the baton.**

**At the completion of the track unit we will be participating in a version of Capture the Flag. Students should be prepared to go outdoors for this final unit.**

## **Health**

- **Grade 3 Health:**

Upon completion of the "Learning All About You" chapter where this unit discusses skin, skin care, teeth, eyes, ears and nose, the students will be covering the Nervous System. The students will be learning about their 5 senses and the importance of them. Lastly, the students will be learning about nutrition and physical activity prior to the end of the school year.

- **Grade 4 Health**

- All grade 4 classes are completing the Tobacco and Alcohol Unit. The class learned about the dangerous effects of tobacco and alcohol use on the human body.
- Our last few weeks of school students in Health will cover: safety, first aid, bike and water safety, sun protection and decision making.

- **Grade 5**

- Grade 5 students will be starting Human Growth and Development. Students will be learning:
  - Growth Stages
  - Pituitary Gland
  - Personal Hygiene
  - Adolescence and Puberty
- Our last few weeks of school, students in Health will cover: safety, first aid, bike and water safety, sun protection and decision making.